Mountain Weather Forecast

Southwest Highlands

Including Ben Nevis, Glen Coe and the rest of Lochaber, Argyll including the Isles, Loch Lomond, Trossachs and Arran

Forecast valid from 00:00 on Monday 08 May 2023 until 23:59 on Tuesday 09 May 2023

Forecast Issued on Sunday 07 May 2023 at 14:10 by Met Office Aberdeen

Confidence: High confidence for rain at first followed by an unsettled week with showers at times, some heavy and thundery. Lower confidence for shower detail.

Headline for Monday 08 May 2023: Cloudy with outbreaks of rain becoming brighter later with scattered evening showers.

Mountain weather hazards on Monday 08 May 2023

Blizzards
No Likelihood

Heavy persistent snow
No Likelihood

Storm force winds
No Likelihood

Gales
High Likelihood

Severe chill effect
Low Likelihood

Poor visibility
Medium Likelihood

Thunderstorms
No Likelihood

Heavy persistent rain
No Likelihood

Strong sunlight
Low Likelihood

Weather and chance of precipitation at 800m							
Time							
00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00
Light rain	Heavy Rain	Heavy Rain	Light rain	Light rain	Sunny intervals	Thundery showers	Heavy rain showers
Precipitation probability							
40%	80%	00%	80%	60%	20%	60%	40%

Forecast for Monday 08 May 2023

Weather: Cloudy with outbreaks of rain some heavy overnight. The rain becomes light through the morning with the afternoon becoming drier and brighter for a time. Scattered showers, some heavy and thundery spread east from the evening.

Chance of cloud-free hill tops above 800m: 30% increasing 60% in the afternoon.

Low Cloud and visibility: Moderate visibility will become poor to very poor at times in hill fog and extensive cloud to 400-600m. The cloud breaks a little lifting to 700-900m away from the coast during the afternoon. The visibility drops moderate to poor in evening showers.

Check our weather forecast every day to get the most accurate and up to date information
https://www.metoffice.gov.uk/weather/specialist-forecasts/mountain
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Mountain Weather Forecast

Forecast for Monday 08 May 2023

Height (m)	Wind Speed mean/gusts (mph)					Wind Direction (blowing from)			
	00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1300	38/48 SE	43/54 SE	30/38 SE	25/32 S	25/32 SW	19/26 SW	16/21 SW	14/19 S	12/15 SW
900	26/35 SE	29/38 SE	19/25 SE	17/22 S	19/25 SW	16/21 SW	13/17 SW	11/15 S	8/12 SW
600	34/43 SE	44/54 SE	23/30 S	20/26 S	21/28 SW	17/23 SW	13/18 SW	12/16 SW	9/13 SW
300	20/30 SE	21/32 SE	12/21 S	10/15 S	12/19 SW	11/17 SW	9/14 SW	7/11 SW	5/9 SW
Glen	9/22 SE	12/26 S	9/18 S	9/16 S	10/18 SW	9/16 SW	9/16 SW	6/14 SW	6/12 SW

Height (m)	Temperature / Feels Like (°C)								
	00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1300	4/-3	4/-4	4/-2	5/0	6/0	6/1	5/1	5/1	5/1
900	6/1	6/0	6/2	7/4	8/4	8/5	8/5	7/4	7/4
600	11/6	10/5	10/6	10/6	10/6	10/7	10/8	10/7	9/6
300	11/8	11/7	11/9	11/10	12/10	12/10	13/11	11/10	10/10
Glen	13/12	12/10	12/10	12/11	14/12	14/13	14/13	12/11	12/11
Freezing Level*	2400m	2600m	2600m	2300m	2200m	2100m	2100m	2100m	2000m

**Level above which ground is expected to be frozen/snow is expected to settle.*

Met Office Aberdeen Meteorologist's View
The morning will feel cold at height in gale force southeasterly winds, these decreasing in the afternoon.

Forecast for Tuesday 09 May 2023
Weather: Early showers, some heavy, clear northeast before dawn leaving the day dry with sunny periods.

Maximum wind: West 10-15mph

Chance of cloud-free hill tops above 800m: 85%

Low Cloud and visibility: The visibility will be good with patchy cloud at 1000-1200m.

Temperature: **Glens:** Plus 7 Celsius to 15 Celsius.
At 800m: Plus 8 Celsius.
Freezing level: Above summits.

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